

Accommodating Strategies to Support Adults with SUD and Cognitive Deficits

**FREE
CEU
EVENT**

A Closer Look at Four Learning Styles and How to Incorporate into a Group Setting

**IN-PERSON
EVENT
REGISTER
EARLY**

Tuesday, July 26, 2022 • 12:30-3:00 p.m.
Registration/Refreshments • 12:30-1:00 p.m.
Presentations • 1:00-3:00 p.m.

**FEEL FREE
TO BRING
A BAG
LUNCH!**



Featured speakers from Vinland National Center are **Tom Beckers, BS, LADC, Certified Brain Injury Specialist**, Residential Program Services Manager (shown here at our last CEU event) and **Sandra Halseth, MA, LADC**, Intensive Outpatient Program Case Manager.

Educational Objectives

- Identify aspects of cognitive deficits and understand ways to modify treatment delivery
- Demonstrate how to effectively deploy skills-based groups
- Educate on the four dominant learning styles:
 - Visual
 - Kinesthetic
 - Auditory
 - Reading/Writing
- Instruct how to best use materials provided that will help accommodate diverse learning styles in a group setting

These two, one-hour presentations will focus on how to work with populations that suffer from Traumatic Brain Injuries and other cognitive deficits (including Acquired Brain Injury, Asperger's Syndrome, Autism Spectrum Disorder, Fetal Alcohol Effect, Fetal Alcohol Syndrome, and Serious and Persistent Mental Illness). Through anecdotes, best practices and experiential activities, the participant will establish further knowledge on how to engage and work with adults in order to increase skillful behavior around managing their co-occurring disorders.

This training is intended for providers and professionals serving those with mental health and substance use disorders. Due to limited space, those not able to attend previous presentations at Vinland will be given rsvp preference.

See back for more information.

Seating is limited to 100—Reserve your free seat today!

This activity has been approved for 2 clock hours by MNBBHT, NAADAC and MN Board of Social Work.

Register here: <http://evite.me/ua95bnP2wj>
Questions? Contact mollyg@vinlandcenter.org

Vinland National Center Residential • 3675 Ihduhapi Road • Loretto, MN 55357
Our residential facility is just 20 miles west of the Twin Cities on Lake Independence. Free parking is available.

This complimentary presentation is made possible by:



Speakers:



*Thomas G. Beckers,
BS, LADC, CBIS*

Thomas G. Beckers has worked in the field of chemical health/substance use disorder treatment for 13 years. For the last 11 years he has worked with clients at Vinland National Center, a substance use disorder treatment (SUD) program for adults suffering from SUD and cognitive deficits. He has provided community training on topics related to the field of SUD and brain injury, partnering with entities such as the University of Minnesota, Augsburg College, Metropolitan State University and the Brain Injury Alliance of Minnesota, and is a frequently-requested speaker at SUD and MH Conferences across the United States. Tom has co-authored a curriculum that adapts mindfulness practices for people with cognitive deficits and is cited as a co-contributor on a published research study that examines the effects that a mindfulness practice has on people who are suffering from cognitive deficits/TBI and substance use disorders.

Sandra Halseth is a case manager at Vinland National Center Intensive Outpatient Program, where she manages a caseload and conducts weekly psychoeducation and group therapy sessions. Prior to joining Vinland National Center, Sandra was a counselor at Minnesota Adult and Teen Challenge, working in the men's residential short-term program. Sandra has an undergraduate degree from the University of Northwestern and a Masters in Addiction Counseling from Hazelden Betty Ford Graduate School of Addiction Studies. Prior to taking on this adventure as an LADC later in life, Sandra had a fulfilling career teaching students in preschool through 12th grade for many years.

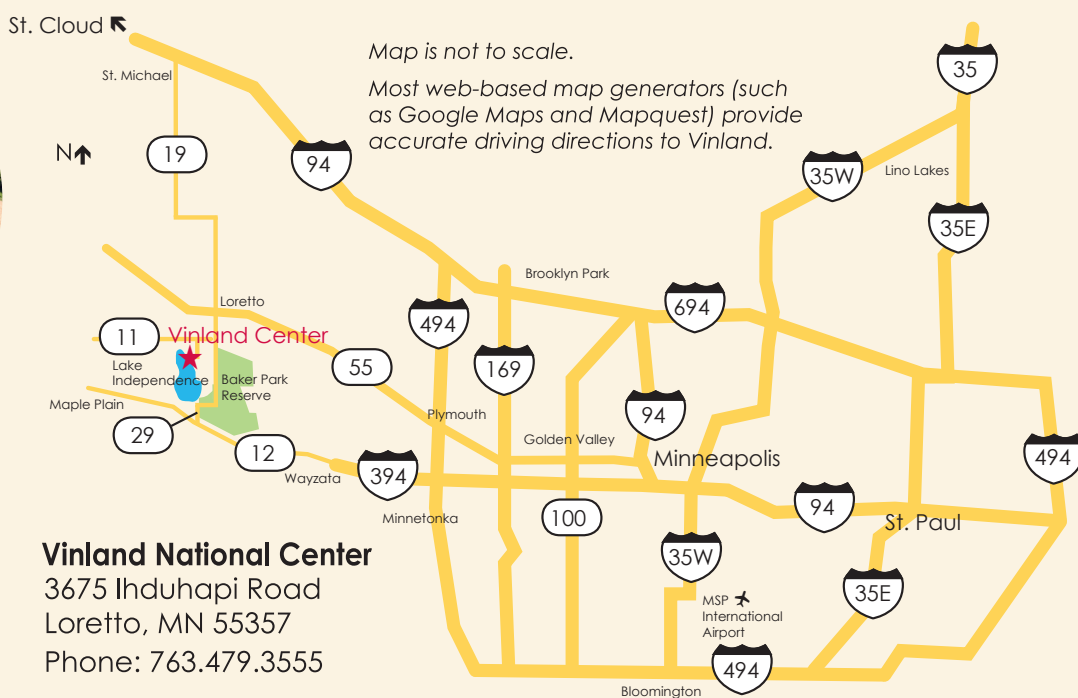


*Sandra Halseth,
MA, LADC*



Following the presentations, tours of Vinland are being offered including a meditative walk to the lake and pontoon boat ride if weather permits.

If interested, please bring walking shoes.



Full lives for people with disabilities

For additional information call 763.479.3555 or visit vinlandcenter.org