

# Full lives for people with disabilities



April 26, 2022

Vinland National Center's Substance Use Disorder Treatment Program is appropriate for individuals with cognitive difficulties. It is not TBI rehabilitation, as we do not offer physical, occupational or speech therapy.

## Substance Use Disorder (SUD)

People age 18 or older may be admitted with a diagnosis of dependency or abuse.

# **Approach**

The Vinland National Center's Substance Use Disorder Treatment Program is specifically designed for clients experiencing difficulty succeeding in traditional treatment programs. We specialize in using frequent individual sessions to ensure that needs are recognized and met. Multiple teaching and counseling techniques are used to address individual learning styles with increased repetition for internalization. Individuals with co-occurring disorders such as traumatic and acquired brain injury, developmental disability, learning disabilities, battering, strokes, aneurysm, dementia, and other problems with thinking appear to benefit from our concrete, multiple medium approach to treatment. Individuals with a history of multiple treatment and relapse also appear to benefit from this different approach.

- Vinland can arrange neuropsychological evaluation to assess a client's cognitive abilities pending funding availability.
- Vinland's buildings and 178 acres are accessible to people with physical disabilities.

#### **Behavioral Stability**

To be eligible for admission to Vinland, prospective clients are expected to meet the following criteria:

- Free from suicidal behavior for 30 days prior to admission.
- No violent or abusive behavior Vinland has a zero tolerance for violence policy.
- With verbal and visual cues, the client is able to attend group sessions and community-based therapeutic recreation activities; the client is independent with wheelchair transfer.
- No untreated, active psychosis.
- Although we have 24-hour awake staff, clients must be independent with grooming, eating, transferring and hygiene.

### **Medical Stability**

Because people with cognitive and physical disabilities may experience greater medical acuity than the average SUD client population, we have the following guidelines:

• Clients will receive the <u>Vinland Medical Screening Form</u> and <u>Vinland Application</u> during the referral process. You can also find these forms here: <a href="https://www.vinlandcenter.org/wp-content/uploads/2022/01/Vinland-Fillable-Medical-Screening-Form-Jan2022-1-1.pdf">https://www.vinlandcenter.org/wp-content/uploads/2022/01/Vinland-Fillable-Medical-Screening-Form-Jan2022-1-1.pdf</a>; <a href="mailto:NEED APPLICATION NEW PDF link LISTED HERE">NEED APPLICATION NEW PDF link LISTED HERE</a> The form is to be completed and faxed (763.225.4656) or emailed (<a href="mailto:lntake@vinlandcenter.org">lntake@vinlandcenter.org</a>) to Intake for admission authorization.

- Clients need to be detoxified before admission.
- A registered nurse is available Monday through Friday; clients requiring 24-hour nursing will be referred to a hospital-based program.
- Financial arrangements must be made in advance for non-emergency medical care.
- Clients requiring a controlled environment for psychiatric management or behavior control cannot be admitted to Vinland Center.

#### Admission

In order to be considered for Intake at Vinland National Center, the following must occur:

- The criteria on page 1 must be met.
- The Vinland Medical Screening form needs to be completed and emailed <a href="mailto:lntake@vinlandcenter.org">lntake@vinlandcenter.org</a> or faxed to Intake at (763) 225-4656. This information will be evaluated by our medical team to determine if a prospective client's medical needs can be met by our structure, facility and staff.
- Funding needs to be in place with private pay, insurance or county funding.
- NOTE: an admission date cannot be scheduled until these pieces are in place and the Medical Screening form has been approved by the medical team.

Please Note: For the best possible client experience with transition, VINLAND'S RESIDENTIAL TREATMENT PROGRAM DOES NOT ACCEPT ADMISSIONS ON FRIDAYS or AFTER 2 P.M.

For more information contact our Intake Team at 763-479-3555.