



Full lives for people with disabilities

## Vinland Center Admission Criteria

For more information contact Intake at 763-479-3555

Vinland Center's Chemical Health Program is a chemical dependency program appropriate for individuals with cognitive difficulties. It is not TBI rehabilitation, as we do not offer physical, occupational or speech therapy.

### Chemical Use

People age 18 or older may be admitted with a diagnosis of dependency or abuse.

### Approach

The Vinland Chemical Health Program is specifically designed for clients experiencing difficulty succeeding in traditional treatment programs. We specialize in using frequent individual sessions to ensure that needs are recognized and met. Multiple teaching and counseling techniques are used to address individual learning styles with increased repetition for internalization. Individuals with co-occurring disorders such as traumatic and acquired brain injury, developmental disability, borderline intelligence, learning disability, battering, strokes, aneurysm, dementia, mental retardation and other problems with thinking appear to benefit from our concrete, multiple medium approach to treatment. Individuals with a history of multiple treatment and relapse also appear to benefit from a new approach.

- Vinland can arrange neuropsychological evaluation to assess a client's cognitive abilities pending funding availability.
- Vinland's buildings and 175 acres are accessible to people with physical disabilities.

### Behavioral Stability

To be eligible for admission to Vinland, prospective clients are expected to meet the following criteria:

- Free from suicidal behavior for 30 days prior to admission.
- No violent or abusive behavior - **Vinland has a zero tolerance for violence policy.**
- With verbal and visual cues, the client is able to attend group sessions and community-based therapeutic recreation activities; the client is independent with wheelchair transfer.
- No untreated, active psychosis.
- Although we have 24-hour awake staff, clients must be independent with grooming, eating, transferring and hygiene.

### Medical Stability

Because people with cognitive and physical disabilities may experience greater medical acuity than the average chemical dependency client population, we have the following guidelines:

- **Clients will receive the Vinland Physical Exam and History form during the referral process. The form is to be completed and signed by a doctor and faxed to Intake for admission authorization.**
- Clients need to be detoxified before admission.
- A registered nurse is available Monday through Friday; clients requiring 24 hour nursing are to be referred to a hospital-based program.
- Financial arrangements must be made in advance for non-emergency medical care.
- Clients requiring a controlled environment for psychiatric management or behavior control cannot be admitted to Vinland Center.

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## **Admission**

In order to be considered for Intake at Vinland Center, the following must occur:

- The criteria on page 1 must be met.
- **The History and Physical Exam form needs to be completed and signed by a doctor and faxed to Intake at (763) 479-2605.** This information will be evaluated by our medical team to determine if their medical needs can be met by our structure, facility and staff patterns.
- Funding needs to be in place with private pay, insurance or Rule 25 funding through the county.
- **NOTE: an admission date cannot be scheduled until these pieces are in place and the History and Physical Exam form has been approved by the medical team.**

**VINLAND CENTER DOES NOT ACCEPT ADMISSIONS ON FRIDAYS  
or AFTER 2 P.M.**